



**SAINT PETER'S
IN THE MOUNTAINS
EPISCOPAL CHURCH**

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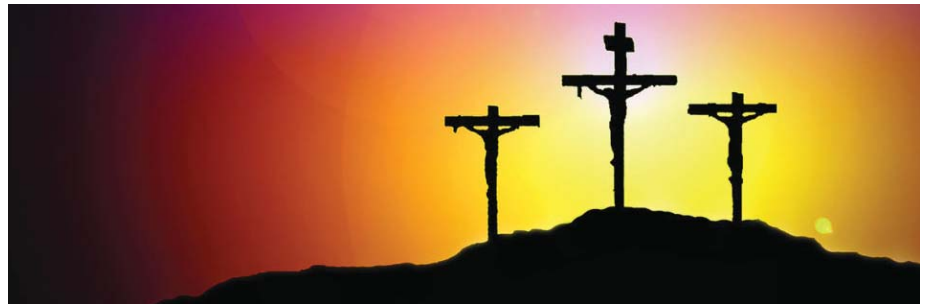
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**ROCK
CHURCH
NEWS**

Volume 141
February 2020

Sunday Service: 10:00 a.m.
Church School: 11:15 a.m.



"To embody Christ's teaching in appropriate ways for serving the community, the nation, and the world."

ANNOUNCEMENTS

Vestry officers were elected at the meeting on January 14th, 2020: Patrick Nix, Senior Warden; Danny Custer, Junior Warden, Nancy Bradley, Treasurer; and Allison Harl, Clerk. Please thank the officers and other Vestry members, Leslie Holden and Shannon Simms for their willingness to serve as the leaders within our parish!

The Robey Family will be at the Harvester Performance Center on Saturday February 22nd at 8:00 p.m. The Heck's are planning to go and have dinner around 5:30 p.m. at the Rocky Mount Burger Company... anyone want to join us?

The Shrove Tuesday Pancake Supper will be February 25 at 5:30 pm in the Community Center at Phoebe Needles. Please bring your family and friends. Any of the men and youth who are helping to cook should arrive at 4:00 p.m. Donations will be accepted to support a project of the choosing of the Youth Group.



There will be an Ash Wednesday Service on February 26 at 7:00 pm at Saint Peter's Church.

Thanks to Shannon and Paul Simms for hosting the Annual Epiphany Gathering this year!! There was lots of good food and fellowship. Shannon was the lucky recipient of the of the piece of King's Cake containing the baby!! Thanks to everyone who attended and made it such a fun evening.

The next program of the Center for Lifelong Learning at Phoebe Needles is Tuesday, February 11 at 10:00 am. The program will be "One Health" with Dr. Delia Heck. Please call the Center at 483-1518 to make a reservation by Friday, February 7th.

Please send Marchruary news items by February 24 to Gary Holden at gholden@ferrum.edu.

Liturgical Notes for the Season of Lent

Shrove Tuesday

Shrove Tuesday (also known as Shrovetide Tuesday, Pancake Tuesday and Pancake Day) is the day preceding Ash Wednesday, the first day of Lent. Shrove Tuesday is determined by Easter; its date changes annually. The expression “Shrove Tuesday” comes from the word shrive, meaning “confess.” Shrove Tuesday is observed by many Christian denominations, including the Lutheran, Episcopal, Methodist and Roman Catholic Churches.

Many of these Christians, on Shrove Tuesday, “make a special point of self-examination, of considering what wrongs they need to repent, and what amendments of life or areas of spiritual growth they especially need to ask God’s help in dealing with.” Being the last day before the penitential season of Lent, related popular practices, such as indulging in food that one sacrifices for the upcoming forty days, are associated with Shrove Tuesday celebrations, before commencing the fasting and religious obligations associated with Lent. The term Mardi Gras is French for Fat Tuesday, referring to the practice of the last night of eating richer, fatty foods before the ritual fasting of the Lenten season, which begins on Ash Wednesday.

Ash Wednesday

Ash Wednesday is the first day of Lent in the Western Christian calendar, directly following Shrove Tuesday. Occurring 46 days before Easter, it is a moveable fast that can fall as early as February 4 and as late as March 10. According to the canonical gospels of Matthew, Mark and Luke; Jesus spent 40 days fasting in the desert, where he endured temptation by Satan. Ash Wednesday marks the beginning of this 40-day liturgical period of prayer and fasting or abstinence. Of the 46 days until Easter, six are Sundays. As the Christian sabbath, Sundays are not included in the fasting period and are instead “feast” days during Lent.

Ash Wednesday derives its name from the practice of placing ashes on the foreheads of adherents as a celebration and reminder of human mortality, and as a sign of mourning and repentance to God. The ashes used are typically gathered from the burning of the palms from the previous year’s Palm Sunday. Although the imposition of ashes was generally seen as a Catholic practice, as it was mostly abandoned by Protestants except for Anglicans after the Protestant Reformation, it has become increasingly common in much of Christianity, now being observed by many Lutherans and Methodists in addition to Catholics and Episcopalians. Some Baptist and nondenominational churches, among other denominations, also observe this day.

The Season of Lent

The traditional purpose of Lent is the preparation of the believer through prayer, penance, repentance of sins, almsgiving, atonement and self-denial. Its institutional purpose is heightened in the annual commemoration of Holy Week, marking the death, burial and resurrection of Jesus, which recalls the tradition and events of the Bible beginning on Friday of Sorrows, further climaxing on Jesus’s crucifixion on Good Friday, which ultimately culminates in the joyful celebration on Easter Sunday of the Resurrection of Jesus Christ.

During Lent, many of the faithful commit to fasting or giving up certain types of luxuries as a form of penitence. The Stations of the Cross, a devotional commemoration of Christ’s carrying the Cross and of his execution, are often observed. Many Roman Catholic and some Protestant churches remove flowers from their altars, while crucifixes, religious statues, and other elaborate religious symbols are often veiled in violet fabrics in solemn observance of the event. In certain pious Catholic countries, some adherents mark the season with the traditional abstention from the consumption of meat. In some countries, grand religious processions and cultural customs are observed, and the faithful attempt to visit seven churches during Holy Week in honor of Jesus Christ heading to Mount Calvary.

At Saint Peter’s, during the season of Lent we do a few things differently:

- The opening salutation is different (BCP p. 355).
- The Kyrie Eleison (Lord, Have Mercy) is used in place of the “Gloria in Excelsis” (BCP p. 356).
- The “Alleluias” are omitted throughout the service in the liturgy and hymns.





Stansberry Baptism

Josephine Hope Stansberry was baptized on Sunday, January 12, 2020 at Saint Peter's in-the-Mountains.



St. Peter's-in-the-Mountains Outreach

The Outreach Program is changing the way we contribute to local charities for the coming year 2020. We will no longer pass the plate on the first Sunday of the month for a designated charity. Instead, we have six opportunities this year to make a difference in our community by donating items on the wish list of local organizations. Trinity Episcopal Church and Phoebe Needles, Inc. will be following the same plan and joining forces with our congregation.

In March, we will collect much needed paper products for the Stepping Stone Food Mission. This organization serves 18,000 hot meals per year. We will collect paper plates, paper towels, napkins, plastic utensils, dish soap and hand soap.

May's outreach will benefit the Faith Network. We will collect breakfast bars, peanut butter, fruit juice boxes, soup, jelly, pasta, pasta sauce, canned meats, cereal, coffee, oatmeal, tuna, instant mashed potatoes, rice, raisins, crackers and hamburger helper. In July we will be asking the congregation to bring office supplies needed for the Free Clinic of Franklin County. This clinic provides over \$ 2.5 million dollars in primary healthcare services at no charge to needy members in our community.

The volunteer opportunities are more of a medical expertise variety. However, we can help them by collecting copy paper, stamps, facial tissues, Lysol spray, bath tissue, tall trash bags, hand sanitizer, C batteries, 9V batteries, cleaning supplies, distilled water, paper towels, liquid soap refills and large black trash bags.

For September, we ask you to bring in gently used women's, men's and children's clothing for the Ferrum Community Mission. This mission serves over 4000 people in a year, providing bags of food, clothing and toiletries not covered by Food Stamps.

We will collect canned food items in November for the Southern Virginia Child Advocacy Center's annual drive. This organization has been serving Franklin County since 1993 and promotes the wellbeing of children through treatment, advocacy, prevention and education. Each year they collect food for the police departments of Franklin County to distribute during the holiday season. The December Christmas family program will continue as it has in past years.

Our church will be working together with Trinity Episcopal Church and Phoebe Needles, Inc. All three outreach programs will be collecting the items for donation and will deliver the items together. In addition to these collections, Outreach will be looking for at least four hands on projects in the community during 2020. As many of you are aware, the Outreach Program has a yearly budget of \$5000.

Please see the following table which illustrates how the program plans to spend the money. During months when we collect wish list items, the outreach program may purchase additional items or present a check to the charity for the amount allocated. On months where there is no item collection, the amount allocated will be a check sent to the charity. If you have any questions about the program, feel free to contact Marilyn Rodgers.

		<u>from Outreach</u>
Jan.	Wood for Warmth	\$100
Feb.	Callaway Pack A Sack	\$300
March	Stepping Stone Mission	\$200
April	Ferrum Panther Pack	\$300
May	Heavenly Manna	\$200
June	Phoebe Needles	\$300
July	Free Clinic of Franklin Co.	\$ 00
Aug.	Helping Hands	\$200
Sept.	Ferrum Comm. Mission	\$200
Oct.	Boy's Home	\$200
Nov.	So. VA Child Advocacy	\$300
Dec.	Christmas Families	\$350
	ER&D	\$1,000
	Easter Egg Hunt	\$600
	Total:	\$ 4,450



SAINT PETER'S-IN-THE MOUNTAINS

PHOEBE NEEDLES CENTER, INC.

MOVING OUR VISION FORWARD – FOCUSING IN ON 2020

Dear Friends,

Another year is about to draw to a close. It is almost impossible to imagine how time marches on without so much as a pause. There have been more than a few times, probably like many of you, when I would have liked to have called a time out, or hit a reset button.

We have been living with the challenges between Bishop Bourlakas and Phoebe Needles Center, Inc. and Saint Peter's for more than two years. The bishop has made many changes in the relationship impacting Saint Peter's and Phoebe Needles Center, Inc. While he has changed the structure of those relationships, he has not changed the spirit and determination of those involved in the leadership.

During this time we have had considerable losses at both Saint Peter's Church and the Phoebe Needles Center, Inc. Both Saint Peter's and Phoebe Needles Center, Inc. have continued to thrive despite considerable odds. Regrettably, there is so much more we could have done had this situation not been such a drain of time, energy, and resources. By God's grace, in many ways, people are more committed to the future than before all of this conflict began.

While there is still a good bit of work ahead, I hope the Saint Peter's congregation can focus on the work God puts before us as a community. There are many opportunities to pray, learn and grow, to break bread together, to share in Christ's love and fellowship, and to reach out to the wider community.

There is at least one (or ten) things on this list that you might take on to make a difference. Any item on the list will have an impact on our community and on those around us.

Attend Programs Sponsored by the Phoebe Needles Center, Inc.

- Center for Lifelong Learning (CLL)
- Music in the Mountains
- Senior Fitness program
- Summer Camp (residential and day)
- Discovery Camp for Senior Adults

Financial Contributions – no gift is too small – no gift is too large...

- To the Bishop Light Fund
- To the summer camp fund
- By making a bequest to Saint Peter's or Phoebe Needles Center, Inc. in your estate planning
- Pledging your time talents, and financial resources to Saint Peter's annually

Leading Programs/Volunteering at the PNC

- Lead a Center for Lifelong Learning program
- Recommend interesting speakers for CLL programs (colleagues, friends, etc.)
- Volunteer as a "Grandparent" for Summer Day Camp
- Cook a meal or assisting with cooking
- Use your special talents, hobbies, interests to assist with the summer camp program, the Center for Lifelong Learning program, or the Music in the Mountains programs

Other Ways to Help Strengthen the SP/PNC Community

- Attend worship services at Saint Peter's every Sunday
- Participate in Adult/Children's Church School
- Attend Community Celtic Worship services
- Like and share Phoebe Needles Center, Inc., Saint Peter's, and Community Celtic Worship Facebook posts
- Mention and promote the use of the Phoebe Needles among friends or colleagues at work or in civic associations and other affiliations you might have
- Invite a friend to church (once a month or more)
- Offer to serve on a diocesan committee
- Participate in the every other month outreach projects beginning in 2020 in conjunction with Phoebe Needles Center, Inc. board and Trinity Episcopal Church, Rocky Mount

Your participation in any or several of these activities helps to strengthen the long historic bond between the Phoebe Needles Center, Inc. and Saint Peter's-in-the-Mountains, and helps to positively impact the Callaway and Ferrum community. Saint Peter's has for more than 100 years made "a larger than our size" positive impact on the communities and in the diocese. It is up to each one of us to continue the great heritage that has been bequeathed to us by those who have come before.

Shalom* to you,



The Rev. John H. Heck
Rector

*Shalom is a Hebrew word meaning peace, harmony, wholeness, completeness, prosperity, welfare and tranquility and can be used idiomatically to mean both hello and goodbye.



SERVICE CALENDAR – February 2020

	<u>Readings</u>	<u>Lector</u>	<u>Chalice</u>	<u>Altar Guild</u>	<u>Acolyte</u>	<u>Children's Chapel</u>
Feb. 9	Fifth Sunday After the Epiphany Isaiah 58:1-9a, [9b-12] 1 Corinthians 2:1-12, [13-16] LINK Matthew 5:13-20 Psalm 112:1-9, (10)	Martha	Katherine Deb	Marilyn	Peter	Eli
Feb. 16	Sixth Sunday After Epiphany Deuteronomy 30:15-20 or Sirach 15:15-20 1 Corinthians 3:1-9 LINK Matthew 5:21-37 Psalm 119:1-8	Jim	Marilyn Dave	Pat R.	Gracie	Zoe
Feb. 23	Exodus 24:12-18 2 Peter 1:16-21 Matthew 17:1-9 LINK Psalm 2 or Psalm 99	Rob	Bob	Lisa Regina	Eli	Gracie
Mar. 1	First Sunday in Lent Genesis 2:15-17; 3:1-7 Romans 5:12-19 LINK Matthew 4:1-11 Psalm 32	Katherine	Delia Martha	Danene	Sammie	Peter

Valentines Day Friday, Feb. 14



SAINT PETER'S PRAYER & CARE TEAM

We have included in the Prayers of the People at each Sunday's worship service the names of those people in need of prayer that you have made known to the church. As a way of keeping those names before us in prayer, we are going to begin a Prayer Chain at Saint Peter's. This will be a group of people who are willing to commit to praying for each person on our prayer list on a daily basis. The Prayer Chain will also be responsible for updating the list, writing occasional notes to those in our prayers, and relaying needs that might be met by the congregation. If the group once formed desires to meet on occasion for prayer and discussion that is a possibility as well. Juanita Custer has offered to coordinate the group. Anyone is welcome to be a part of this group. Please let Juanita (hodges_juanita@yahoo.com) know if you would like to participate in this group.



February Birthdays

- 1 Travis Pendleton
- 2 Patricia Rushmore
- 9 Deb Durant
- 12 Grace Campbell
- 25 Gerald Young



Patricia Rushmore turned another year wiser on February 2nd.

February 2020						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14 <small>Valentine's Day</small>	15
16	17 <small>Presidents Day</small>	18	19	20	21	22
23	24	25	26	27	28	29

Prayer for a Birthday

O God, our times are in your hand: Look with favor, we pray, on these your servants as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their life, through Jesus Christ our Lord. Amen.

(Book of Common Prayer, p. 830)

PRAYER LIST – February 2020

Susan Bentley	Glenda Pendleton
Lisa Rosenberg	Christina Roudabush
Tom Bier	Linda Sigmon
Brad Bernard	Cindy Swinehart
David Hughes	Linda Thomas
Jane Pohlad	Eli Sydow
John Makuei	Hazel Pendleton
Jamie Stanley	Betty Hood
Craig Griffin	Brian Bernard
Linda Green	Bob Holden
Mary Haley	Joe Puzycki
Becky Hughes	Leland Southard
Shelby DeHart	Patsy Hubbard
Sandy Grice	Adam Johnson
Roger Manard	

We pray for John our priest, Mark our Bishop, and Michael our Presiding Bishop. May their ministries be guided by the grace of the Holy Spirit.

We pray also for all those who were killed this week as a result of war and terrorism, and for families whose lives are being torn apart.

Almighty God whose will it is to hold both heaven and earth in the peace of your kingdom: Give peace to your Church, peace among nations, peace in our homes, and peace in our hearts.

We pray for those serving in the military, and in particular for those who serve in harms way.

CHURCH CONTACTS

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Outreach Coordinator: Marilyn Rodgers
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Altar Guild: Shelby DeHart
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Youth Ministry: Allison Harl, aharl@ferrum.edu
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