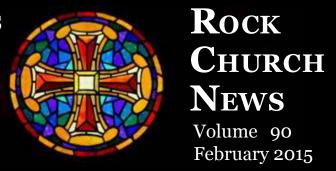
# SAINT PETER'S-IN-THE-MOUNTAINS

65 Rock Ridge Road, Callaway, VA 24067 540-483-5370 www.saintpeterscallaway.org

SUNDAY SERVICE 10:00 AM SUNDAY SCHOOL 11:15 AM



"To embody Christ's teaching in appropriate ways for serving the community, the nation, and the world."

## ANNOUNCEMENTS AND REMINDERS

Sunday, February 1 Outreach Sunday Recipient: St. James Community Center

Sunday, February 8 Birthday Sunday Empty Bowls Ferrum College, 11 am -?

Tuesday, February 10 Phoebe Needles Center, 10:00 am Center for Lifelong Learning

Saturday, February 14
Phoebe Needles Center, 9:00 am
Saturdays@Center: Rev. Scott
West

Tuesday, February 17
Phoebe Needles Center, 5:30 pm
Shrove Tuesday Pancake Supper

Wednesday, February 18 Saint Peter's Church, 7:00 pm Ash Wednesday Service

Wednesday, February 25 Saint Peter's Church, 7:00 pm Compline Service Outreach Report. The plate offerings on the first Sunday of the month are allocated to Outreach recipients. On Sunday, January 4, 2015, \$188.00 was collected for the Wood for Warmth Program. On Sunday, February 1, the Outreach collection is for Ferrum Community Mission Center (St. James Community Center).

The Center is open on Wednesdays from 9:00 am until noon. They provide both a clothes closet and a food pantry which are staffed by volunteers. If you would like to donate your time, make a clothing, food, or monetary donation please stop by the Center on any Wednesday morning.

The Annual Ferrum College Empty Bowls soup and bread lunch will happen Sunday, February 8. It starts at 11:00 am in the Blue Ridge Mountain Room of the Franklin Cafeteria, and it lasts until the soup's gone. Bowls made by students and local artists (including Glen, Asa, Ursula, and Flora Stevens) are \$15, and all proceeds go to the Panther Pack project at Ferrum Elementary, which provides food for the weekends for students whose families don't have enough. Contact Glen Stevens with any questions (glennoelstevens@gmail.com).

The Shrove Tuesday Pancake Supper will be February 17 at 5:30 pm in the Community Center at Phoebe Needles. Please bring your family and friends.

There will be an Ash Wednesday Service on February 18 at 7:00 pm at Saint Peter's Church.

The new Vestry elected the following officers:

Senior Warden — Carolyn Thomas Junior Warden — Danny Custer Treasurer — Nancy Bradley Clerk — Patricia Rushmore During Lent there will be a Wednesday evening Compline Service at 7:00 p.m. The Wednesday dates during Lent are 2/25, 3/4, 3/11, 3/18, 3/25, and 4/1. The Order for Compline is found in the Book of Common Prayer beginning on page 127. The service is the last of four services in the Daily Office. It is descended from the night prayers at the end of the monastic round of daily prayer, and is said before bed. Compline is a simple office including a confession of sin, one or more psalms, a short reading from scripture, versicles and responses, the Lord's Prayer, collects that ask for God's protection during the night to come, and the canticle *Nunc dimittis*.

**Thank you to the Simms for hosting the Annual Epiphany Party!** As usual, the food was delicious and the company was good. And for those who wonder, Marilyn Rodgers was gifted with the discovery of the baby in her cake. Thank you, Paul and Shannon, for helping to carry on the tradition!

The next program of the Center for Lifelong Learning at the Phoebe Needles Center is Tuesday, February 10 at 10:00 am. The program will be "Antiques & Collectibles" with Will Farmer and Bob Miller. Please call the Center at 483-1518 to make a reservation by Friday, February 6.

Saturdays@Center. On February 14, The Rev. Scott West, Rector of Christ Church, Blacksburg, will present "So Did We Really Come by Pullman Car?," an "Impressionist's" view of the history of the Episcopal Church in Virginia, from 1607 to the modern day. You are welcome to arrive at 9:30 for fellowship and coffee, and the program is from 10:00 - 3:00. Please register by noon on Monday, January 5 by calling the office at 483-1518.

**From the Annual Council.** At the Annual Council this year, Delia Heck was appointed to a five-year term on the Trustees of the Funds and the Southwestern Virginia Episcopal Fund. Rev. John Heck was elected to the Standing Committee for a three-year term.

We need your help! Since his election, Bishop Mark, has focused our diocese on being the "missional church." In discussing what this means at the last vestry meeting, someone suggested we ask everyone in the congregation to list the things they do ("beyond the walls of church") in service to others.

This is not a contest to see who has the longest list, but rather a snapshot of the Saint Peter's family. We hope to make a list (without including names) to have a better understanding of how much the Saint Peter's family is involved in the wider community.

Please email your responses (or questions) to John at johnhheck@gmail.com before February 9th.

# Treasurer's Report

Operating Account:		Income	Expenses
	January 2015	\$4,292.75	\$6,056.50
Non-Operating Account:	•	Income	Expenses
•	January 2015	\$588.00	\$2,231.95

(This account includes the coffee project, endowment fund contributions, monthly outreach contributions and disbursements, United Thank Offering, and other non-operational categories.)

## GOD GAVE YOU 86,000 SECONDS TODAY. HAVE YOU USED ONE OF THEM TO SAY, "THANK YOU"?

Put a coin in your Blue Box and say a prayer of Thanksgiving, every day. Empty Blue Boxes are available in the sanctuary and parish hall.

# Liturgical Notes for the Season of Lent

## **Shrove Tuesday**

Shrove Tuesday (also known as Shrovetide Tuesday, Pancake Tuesday and Pancake Day) is the day preceding Ash Wednesday, the first day of Lent. Shrove Tuesday is determined by Easter; its date changes annually.

The expression "Shrove Tuesday" comes from the word shrive, meaning "confess." Shrove Tuesday is observed by many Christian denominations, including the Lutheran, Episcopal, Methodist and Roman Catholic Churches. Many of these Christians, on Shrove Tuesday, "make a special point of self-examination, of considering what wrongs they need to repent, and what amendments of life or areas of spiritual growth they especially need to ask God's help in dealing with." Being the last day before the penitential season of Lent, related popular practices, such as indulging in food that one sacrifices for the upcoming forty days, are associated with Shrove Tuesday celebrations, before commencing the fasting and religious obligations associated with Lent. The term Mardi Gras is French for Fat Tuesday, referring to the practice of the last night of eating richer, fatty foods before the ritual fasting of the Lenten season, which begins on Ash Wednesday.

# **Ash Wednesday**

Ash Wednesday is the first day of Lent in the Western Christian calendar, directly following Shrove Tuesday. Occurring 46 days before Easter, it is a moveable fast that can fall as early as February 4 and as late as March 10.

According to the canonical gospels of Matthew, Mark and Luke; Jesus spent 40 days fasting in the desert, where he endured temptation by Satan. Ash Wednesday marks the beginning of this 40-day liturgical period of prayer and fasting or abstinence. Of the 46 days until Easter, six are Sundays. As the Christian sabbath, Sundays are not included in the fasting period and are instead "feast" days during Lent.

Ash Wednesday derives its name from the practice of placing ashes on the foreheads of adherents as a celebration and reminder of human mortality, and as a sign of mourning and repentance to God. The ashes used are typically gathered from the burning of the palms from the previous year's Palm Sunday.

Although the imposition of ashes was generally seen as a Catholic practice, as it was mostly abandoned by Protestants except for Anglicans after the Protestant Reformation, it has become increasingly common in much of Christianity, now being observed by many Lutherans and Methodists in addition to Catholics and Episcopalians. Some Baptist and nondenominational churches, among other denominations, also observe this day.

#### The Season of Lent

The traditional purpose of Lent is the preparation of the believer through prayer, penance, repentance of sins, almsgiving, atonement and self-denial. Its institutional heightened in the annual is commemoration of Holy Week, marking the death, burial and resurrection of Jesus, which recalls the tradition and events of the Bible beginning on Friday of Sorrows, further climaxing on Jesus's crucifixion on Good Friday, which ultimately culminates in the joyful celebration on Easter Sunday of the Resurrection of Jesus Christ.

During Lent, many of the faithful commit to fasting or giving up certain types of luxuries as a form of penitence. The Stations of the Cross, a devotional commemoration of Christ's carrying the Cross and of his execution, are often observed. Many Roman Catholic and some Protestant churches remove flowers from their altars, while crucifixes, religious statues, and other elaborate religious symbols are often veiled in violet fabrics in solemn observance of the event. In certain pious Catholic countries, some adherents mark the season with the

# Liturgical Notes (cont'd)

traditional abstention from the consumption of meat. In some countries, grand religious processions and cultural customs are observed, and the faithful attempt to visit seven churches during Holy Week in honor of Jesus Christ heading to Mount Calvary.

At Saint Peter's, during the season of Lent we do a few things differently:

- + The opening salutation is different (BCP p. 355).
- + The Kyrie Eleison (Lord, Have Mercy) is used in place of the "Gloria in Excelsis" (BCP p. 356).
- + The "Alleluias" are omitted throughout the service in the liturgy and hymns.



(Some of) the hands of Saint Peter's.



On Epiphany, six households took part in a practice that is hundreds of years old: chalking our houses as a way of inviting Christ to bless our dwellings and all who come and go from them. The Rev. Heck blessed the chalk, and I made the rounds, from the top of Five Mile Mountain down to the curves of Route 40, into Ferrum proper, back to Callaway and then into Endicott. At each house, the blessing was said and the following inscription made:

$$20 + C + M + B + 15$$

The numbers, 2015, stand for the year. CMB are the initials of the traditional names of the wise men, Caspar, Melchior, and Balthazar. They are also the first letters of the Latin phrase, Christus Mansionem Benedicat, or "Christ, bless this house."

It was a great honor for me to be able to climb ladders, reach high to door lintels, and bend low to gateposts and doorsteps to write a visible request for Christ's blessing. Thank you to all who took part!

Rebecca Stevens











# SAINT PETER'S-IN-THE-MOUNTAINS PRAYER LIST FEBRUARY 2015

Susan Smith Conrad Braaten Lisa Whitlock Deborah Yancy Ray Bechtel Helen Akers Lovell Najari Debra Lustig Gladys Stanger Stanley Prokopriak Sharon Bryant The Kiser Family John & Hazel Pendleton Karen Zell Reva Goode Claire Parker Debbie Baroch Diane Holliman Bryan Strong Samantha Dieter Linda Thomas

John HayesDeniece BurnetteKate & Mac McCalleyKyle SwinheartHazel HamiltonDavid GumpperGary StonemanBarry & Betty HoodLouise Richardson

Robin Kirsch Mia Walk-Hardy Brandon Grimes-Whited

Anne Garrison Jami Stanley Dennis Daniel Lori Sloan & Family Kirsten Stanley Joey Jones Larry Sigmon C. I. Dillon Addie Lang

We pray for the soul of Cecile Konicki who died, and for Marilyn and her family who grieve. May her soul rest in peace and rise in glory. We pray for safe travel for Marilyn to and from Rhode Island.

We pray for John our Priest, Mark our Bishop, and Katharine our Presiding Bishop. May their ministries be guided by the grace of the Holy Spirit.

We pray for those serving in the military, particularly for those who are currently deployed and serving in harm's way.

We pray for all those who were killed this week as a result of war and terrorism, and for families whose lives are being torn apart. Almighty God, whose will it is to hold both heaven and earth in the peace of your kingdom: Give peace to your Church, peace among nations, peace in our homes, and peace in our hearts.

We are never outside the reach of prayer. No matter who we are, no matter what we do, we are always within the circle of someone's prayer. We live each day in this field of prayer. We sleep within its embrace, we rise within its blessing. Somewhere, everyday, someone of some faith is praying in a way that includes us. They are asking the holy, by whatever name they know, to have mercy, to heal, to protect others. We walk within that prayer without even knowing it, without ever recognizing its source in the person who prayed it. In the same way, our own prayers reach the most distant stranger, until none of us are ever beyond the hope we share.

- Bishop Steven Charleston

If you would like to add or remove a name from the prayer list, please contact Rev. John Heck at johnhheck@gmail.com or 483-1518. If you would like to have the flowers on the altar in honor or memory of someone, please see a member of the Altar Guild.

# **SERVICE CALENDAR – FEBRUARY 2015**

Feb	Readings	Lector	Chalice	Acolyte	Altar Guild	Children's Chapel
1 <u>Link</u>	Deuteronomy 18:15-20 Psalm 111 1 Corinthians 8:1-13 Mark 1:21-28	Charlotte Hubbard	Pat Newcombe Delia Heck	Berhan Grimes-Whited	Danene Bernard Lisa Willie Regena Sigmon	Hailu Grimes-Whited Peter Heck
8 <u>Link</u>	Isaiah 40:21-31 Psalm 147:1-11, 20c 1 Corinthians 9:16-23 Mark 1:29-39	Bob Pohlad	Katherine Grimes Charlotte Hubbard	Benton Heck	Sherri Custer	Peter Heck Berhan Grimes-Whited
15 <u>Link</u>	2 Kings 2:1-12 Psalm 50:1-6 2 Corinthians 4:3-6 Mark 9:2-9	Carolyn Thomas	John Kirsch Deb Durant	Hailu Grimes-Whited	Deb Durant Patricia Rushmore	Berhan Grimes-Whited Benton Heck
18 <u>Link</u>	Joel 2:1-2, 12-17 Psalm 51:1-17 2 Corinthians 5:20b- 6:10 Matthew 6:1-6, 16-21				Shelby DeHart	
22 <u>Link</u>	Genesis 9:8-17 Psalm 25:1-10 1 Peter 3:18-22 Mark 1:9-15	Carl Durant	Bob Pohlad Carolyn Thomas	Peter Heck	Christy Izard Kelley Beyer	Benton Heck Hailu Grimes-Whited
Mar. 1 Link	Genesis 17:1-7, 15-16 Psalm 22:23-31 Romans 4:13-25 Mark 8:31-38	Lana Whited	Christy Izard Martha Perry	Berhan Grimes-Whited	Lisa Willie Danene Bernard Regena Sigmon	Hailu Grimes-Whited Peter Heck

# February 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Patricia Rushmore	3	4	5	6	7
8 Birthday Sunday	9 Deb Durant	Center for Lifelong Learning	11	12	13	14 Saturdays @Center
15 Transfiguration Sunday	16	17 Shrove Tuesday	18 Ash Wednesday	19	20	21
22	23	24	25 Compline	26	27	28

Is your birthday incorrect or missing? Please let us know: hawleyknob@gmail.com or 365-2992.

# Prayer for a Birthday

O God, our times are in your hand: Look with favor, we pray, on these your servants as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their life, through Jesus Christ our Lord. *Amen*.

(Book of Common Prayer, p. 830)

# **CHURCH CONTACTS**

# **Bishop**

Rt. Rev. Mark Bourlakas 1-800-346-7982 bishopmark@dioswva.org

#### Rector

Rev. John H. Heck Rectory 483-3760 Phoebe Needles 483-1518 Fax 483-2235 johnhheck@gmail.com

#### Senior Warden

Carolyn Thomas 365-7114 thomas.carolyn@gmail.com

### **Junior Warden**

Danny Custer 493-5333

#### **Treasurer**

Nancy Bradley 483-7966 nbradley@embarqmail.com

#### Clerk

Patricia Rushmore 483-9540 rushmore 22@aol.com

#### **Choir Director**

#### Lectors

Dave Newcombe 365-7157 dnewcombe@ferrum.edu

### **Council Representatives**

Bob Pohlad and Carolyn Thomas 365-7114

#### **Altar Guild**

Shelby DeHart 483-0790

### **Youth Ministry**

#### **Prayer List**

Rev. John H. Heck 483-1518

## **Acolytes**

Delia Heck 483-3760 dheck@ferrum.edu

#### **Chalice Schedule**

John Kirsch sunnyk@embarqmail.com

#### **Church Musician**

Fair Robey

#### Newsletter

Rebecca Stevens 365-2992 hawleyknob@gmail.com

# Ferrum College Campus Ministry

Pat and Dave Newcombe 365-7157

## **United Thank Offering**

Martha Perry 483-5932 mjperry@emtechs.org

#### **Outreach Coordinator**

Marilyn Rodgers 365-0061 buckroy@centurylink.net

#### Vestry

Rev. John H. Heck 483-3760
Danny Custer (Junior Warden) 493-5333
Keith Hubbard 334-5388
Patricia Rushmore (Clerk) 483-9540
Paul Rodgers 365-0061
Paul Simms 365-2353
Carolyn Thomas (Senior Warden) 365-7114