

SAINT PETER'S-IN-THE-MOUNTAINS

65 Rock Ridge Road, Callaway, VA 24067

540-483-5370 www.saintpeterscallaway.org

SUNDAY SERVICE 10:00 AM

SUNDAY SCHOOL 11:15 AM



ROCK CHURCH NEWS

Volume 79
March 2014

*"To embody Christ's teaching in appropriate ways
for serving the community, the nation, and the world."*

ANNOUNCEMENTS AND REMINDERS

Sunday, March 2

Outreach Sunday

**Recipient: Grace House on
the Mountain**

Tuesday, March 4

Phoebe Needles Center, 5:30 pm

Shrove Tuesday Pancake Supper

Wednesday, March 5

Saint Peter's Church, 7:00 pm

Ash Wednesday Service

Sunday, March 9

Birthday Sunday

Fair Trade items available

Daylight Savings Time begins

Tuesday, March 11

10:00 am, Phoebe Needles Center

Center for Lifelong Learning

Outreach Report. The plate offerings on the first Sunday of each month are designated to Outreach. In February, we sent \$114.00 to The Free Clinic of Franklin County.

The designated recipient for March is Grace House on the Mountain, a nonprofit organization owned by the Episcopal Diocese of Southwest Virginia. Their mission statement is *"to extend the love of Christ by reaching out into the communities showing mercy and compassion, through responsiveness by 'working with,' not 'for,' the families in the surrounding area."*

Visiting groups learn about the culture and ways of life in the Appalachian Mountains and work with families in need of safe, warm and dry homes. The organization also provides assistance to families in need of help with electricity, water and medicinal needs.

Please support this wonderful retreat and learning center. Thank you for your generosity; it makes a difference in the lives of many people!

Please see page 5 for the 2014 calendar of Outreach recipients.

There will be no choir rehearsal on Tuesday, March 4.

The Shrove Tuesday Pancake Supper will be held on Tuesday, March 4 in McCauley Hall at Phoebe Needles. We will serve supper from 5:30 to 6:30 pm. Everyone is invited to bring a friend or two. The youth and men will do the cooking and cleaning up. Contributions are encouraged.

The season of Lent begins with Ash Wednesday on March 5. There will be an Ash Wednesday service at 7:00 PM at the church.

Please remember to set your clocks forward for Daylight Savings Time that begins on Sunday, March 9.

Fair Trade products will be available after the service on Sunday, March 9. Coffee, tea, chocolate bars, hot chocolate mix, baking cocoa, and olive oil will be available for purchase.

The next Center for Lifelong Learning program at the Phoebe Needles Center is Tuesday, March 11 at 10:00 am. The Skillet Sisters will present a program of music. For more information, [please click here to see the flier](#). Please call the Center at 483-1518 to make a reservation by Friday, March 7.

You are invited to attend the Ecumenical Lenten Lunches in Rocky Mount. Each lunch will begin with prayer at 12 noon, which is followed by a light lunch, and they are to end by 1:00.

Wed., March 12 ... Rocky Mount Christian Church

Wed., March 19 ... Francis of Assisi Catholic Church

Wed., March 26 ... Trinity Episcopal Church

Wed., April 2 Rocky Mount Presbyterian

Wed., April 9 First Brethren in Rocky Mount

You are invited to purchase an Easter Lily to display on the altar Easter Sunday, April 20.

The form for ordering can be found on page 5. If you have questions, you can email Kelley Beyer at kelly83@msn.com. You can drop the form and payment off in the Parish Hall, or you can mail the form and a check to Kelley at 637 Timberline Road, Copper Hill, VA 24079. The deadline to order is April 6.

Treasurer's Report

Operating Account:

	<u>Income</u>	<u>Expenses</u>
January 2014	\$4,895.74	\$5,863.69
February 2014	\$5,816.00	\$5,938.60
Year-to-Date	\$10,711.74	\$11,802.29

Non-Operating Account:

	<u>Income</u>	<u>Expenses</u>
January 2014	\$219.50	\$415.00
February 2014	\$221.00	\$14.00
Year-to-Date	\$440.50	\$429.00

(This account includes the coffee project, endowment fund contributions, monthly outreach contributions and disbursements, United Thank Offering, and other non-operational categories.)

Saint Peter's Endowment Fund – "Keeping the Rock Church Solid." The Endowment Fund receives donations every month. These donations are memorials to loved ones, donations from Birthday Sunday, and other donations. The Fund is growing! Our thanks to all who have contributed.

[The Heart of the Blue Ridge Sangha](#) will be meeting for Mindfulness Meditation on the 1st and 3rd Thursdays of each month, from 6:30 to 8:00 pm in the Parish Hall at Saint Peter's. March's meetings will be March 6 and March 20. For more information, please contact Mike Adams at maluaina@gmail.com or 420-5889.

Lenten Notes

Shrove Tuesday

Shrove Tuesday (also known as Shrovetide Tuesday, Pancake Tuesday and Pancake Day) is the day preceding Ash Wednesday, the first day of Lent. Shrove Tuesday is determined by Easter; its date changes annually.

The expression “Shrove Tuesday” comes from the word *shrive*, meaning “confess.” Shrove Tuesday is observed by many Christian denominations, including the Lutheran, Episcopal, Methodist and Roman Catholic Churches. Many of these Christians, on Shrove Tuesday, “make a special point of self-examination, of considering what wrongs they need to repent, and what amendments of life or areas of spiritual growth they especially need to ask God’s help in dealing with.” Being the last day before the penitential season of Lent, related popular practices, such as indulging in food that one sacrifices for the upcoming forty days, are associated with Shrove Tuesday celebrations, before commencing the fasting and religious obligations associated with Lent. The term *Mardi Gras* is French for Fat Tuesday, referring to the practice of the last night of eating richer, fatty foods before the ritual fasting of the Lenten season, which begins on Ash Wednesday.

Ash Wednesday

Ash Wednesday is the first day of Lent in the Western Christian calendar, directly following Shrove Tuesday. Occurring 46 days before Easter, it is a moveable fast that can fall as early as February 4 and as late as March 10.

According to the canonical gospels of Matthew, Mark and Luke; Jesus spent 40 days fasting in the desert, where he endured temptation by Satan. Ash Wednesday marks the beginning of this 40-day liturgical period of prayer and fasting or abstinence. Of the 46 days until Easter, six are Sundays. As the Christian sabbath, Sundays are not included in the fasting period and are instead “feast” days during Lent.

Ash Wednesday derives its name from the practice of placing ashes on the foreheads of adherents as a celebration and reminder of human mortality, and

as a sign of mourning and repentance to God. The ashes used are typically gathered from the burning of the palms from the previous year’s Palm Sunday.

Although the imposition of ashes was generally seen as a Catholic practice, as it was mostly abandoned by Protestants except for Anglicans after the Protestant Reformation, it has become increasingly common in much of Christianity, now being observed by many Lutherans and Methodists in addition to Catholics and Episcopalians. Some Baptist and nondenominational churches, among other denominations, also observe this day.

The Season of Lent

The traditional purpose of Lent is the preparation of the believer through prayer, penance, repentance of sins, almsgiving, atonement and self-denial. Its institutional purpose is heightened in the annual commemoration of Holy Week, marking the death, burial and resurrection of Jesus, which recalls the tradition and events of the Bible beginning on Friday of Sorrows, further climaxing on Jesus’s crucifixion on Good Friday, which ultimately culminates in the joyful celebration on Easter Sunday of the Resurrection of Jesus Christ.

During Lent, many of the faithful commit to fasting or giving up certain types of luxuries as a form of penitence. The Stations of the Cross, a devotional commemoration of Christ’s carrying the Cross and of his execution, are often observed. Many Roman Catholic and some Protestant churches remove flowers from their altars, while crucifixes, religious statues, and other elaborate religious symbols are often veiled in violet fabrics in solemn observance of the event. In certain pious Catholic countries, some adherents mark the season with the traditional abstention from the consumption of meat. In some countries, grand religious processions and cultural customs are observed, and the faithful attempt to visit seven churches during Holy Week in honor of Jesus Christ heading to Mount Calvary.

Lenten Notes (cont'd.)

During the season of Lent we do a few things differently:

- + The opening salutation is different (BCP p. 355).
- + The Kyrie Eleison (Lord, Have Mercy) is used in place of the “Gloria in Excelsis” (BCP p. 356).
- + The “Alleluias” are omitted throughout the service in the liturgy and hymns.

Ruminations...

Someone recently asked me why I use the word *shalom* as a valediction on all of my emails, “Isn’t that a Jewish expression?” Most know that the Hebrew word *shalom* is understood around the world to mean “peace.” However, “peace” is only one small part of the meaning. *Shalom* is used to both greet people and to bid them farewell, and it means much more than “peace,” “hello,” or “goodbye.”

Hebrew words always go beyond their spoken pronunciation. Each Hebrew word conveys feeling, intent, and emotion. *Shalom* is more than just simply peace; it is a complete peace. It is “**the** peace of God which passes all understanding.” It is the connotation and feeling of contentment, completeness, wholeness, well-being and harmony.

According to *Strong’s Concordance*, *shalom* means completeness, wholeness, health, peace, welfare, safety soundness, tranquility, prosperity, perfectness, fullness, rest, harmony, the absence of agitation or discord. *Shalom* comes from the root verb *shalom* meaning to be complete, perfect and full.

Our major snow of the season reminded me of this word *shalom*. There is a quiet peacefulness about a deep snow (so long as you have nowhere to go, and the power is not out). But it’s more than just peace and quiet – the snow seems to insulate us from the usual sounds and distractions. The snow absorbs all the noise that normally fills our day. It’s as if everything comes to a standstill. The snow brings a certain tranquility, and creates an absence of distractions that we rarely experience in the high tech age in which we are immersed.

Having a day absent from the noise and clatter is a gift. Reflecting on things without all of the usual distractions and expectations is good for the soul. Shoveling snow, figuring out how we will get out of the driveway and manage to get wherever we need to go can wait until tomorrow. Today, we can simply experience God’s *shalom*, and consider it a blessing.

May God bless you and keep you – John

שְׁלוֹמִים

**2014 PROPOSED MONTHLY OUTREACH CALENDAR
(First Sunday of each month)**

January	Wood for Warmth
February	Free Clinic of Franklin County
March	Grace House on the Mountain
April	Scholarship for Sudanese student
May	Panther Pack Program
June	Phoebe Needles Camp Scholarship
July	Helping Hands of Franklin County
August	Southern Virginia Child Advocacy Center
September	Saint James Community Center
October	Support to Eliminate Poverty (STEP), Senior Meals Program
November	Heavenly Manna Food Bank
December	Christmas Families

Deadline is Sunday, April 6

I'd like to order _____ Easter Lilies at \$11.00 each

Total Paid: \$ _____ (make check payable to St. Peter's Altar Guild)

Purchased by: _____

In memory of: _____

In honor of: _____

Please drop off form in the Parish Hall or mail to Kelley Beyer, 637 Timberline Rd,
Copper Hill, VA 24079.

SAINT PETER'S-IN-THE-MOUNTAINS PRAYER LIST

MARCH 2014

Ray Bechtel	Lindsay Marie Shelton	Lisa Whitlock
Michael Bentley	Gail Malishaucki	Ina Quinn
Tom Picone	Claire Parker	Loretta Mason
Lovell Najari	Randy Gardner	Gladys Stanger
Vencil Selvage	Deniece Burnette	The Kiser Family
Stanley Prokopriak	Ben Wray	Deborah Yancy
Kate and Mac McCalley	Hazel Hamilton	Reva Goode
John & Hazel Pendleton	Barry & Betty Hood	Diane Holliman
David Gumpfer	Mia Walk-Hardy	Marge Cook
Robin Kirsch	Jami Stanley	David Ravita
Louise Richards	Kirsten Stanley	Linda Thomas
Brandon Grimes Whited	C. I. Dillon	Dennis Daniel

We pray for John our Rector, Mark our Bishop, and Katharine our Presiding Bishop. May their ministries be guided by the grace of the Holy Spirit.

We pray for all those who were killed this week as a result of war and terrorism, and for families whose lives are being torn apart. Almighty God, whose will it is to hold both heaven and earth in the peace of your kingdom: Give peace to your Church, peace among nations, peace in our homes, and peace in our hearts.

SPECIAL FLOWERS

On Sunday, March 3, the flowers on the altar are given to the glory of God and in honor of John Heck by Delia, Benton, and Peter Heck.

On Sunday, March 3, the flowers on the altar are given to the glory of God and in memory of Erma Guilliams Custer by Danny Custer.

If you would like to add, or remove, a name from the prayer list, please contact Rev. John Heck at jheck@gmail.com or 483-1518.

PARTICIPATION CALENDAR – MARCH 2014

MAR.	Readings	Lector	Chalice	Acolyte	Altar Guild	Children's Chapel
Mar. 2 Link	Exodus 24:12-18 Psalm 2 2 Peter 1:16-21 Matthew 17:1-9	Gary Holden	Pat Newcombe Katherine Grimes	Berhan Grimes-Whited	Christy Izard Kelley Beyer	Benton Heck Hailu Grimes-Whited
5 Link	Joel 2:1-2, 12-17 Psalm 51:1-17 2 Corinthians 5:20b-6:10 Matthew 6:1-6, 16-21				Shelby DeHart	
9 Link	Genesis 2:15-17; 3:1-7 Psalm 32 Romans 5:12-19 Matthew 4:1-11	Martha Perry	Dave Newcombe John Kirsch	Benton Heck	Rebecca Stevens Sharon Buckman	Hailu Grimes-Whited Peter Heck
16 Link	Genesis 12:1-4a Psalm 121 Romans 4:1-5, 13-17 John 3:1-17	Pat Newcombe	Bob Pohlad Carolyn Thomas	Hailu Grimes-Whited	Deb Durant Patricia Rushmore	Peter Heck Berhan Grimes-Whited
23 Link	Exodus 17:1-7 Psalm 95 Romans 5:1-11 John 4:5-42	Bob Pohlad	John Kirsch Deb Durant	Peter Heck	Regena Sigmon Danene Bernard Lisa Willie	Berhan Grimes-Whited Benton Heck
30 Link	1 Samuel 16:1-13 Psalm 23 Ephesians 5:8-14 John 9:1-41		Charlotte Hubbard Delia Heck	Dan Hancock	Marilyn Rodgers Sondra Kirsch	Benton Heck Hailu Grimes-Whited
Apr. 6 Link	Ezekiel 37:1-14 Psalm 130 Romans 8:6-11 John 11:1-45	Carolyn Thomas	Christy Izard Martha Perry	Berhan Grimes-Whited	Pat Newcombe Christina DiEno	Hailu Grimes-Whited Peter Heck

March 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 Transfiguration Sunday	3 John Heck Pat Newcombe	4 Shrove Tuesday	5 Ash Wednesday	6	7	8
9 Susan Mead	10	11 Center for Lifelong Learning	12	13	14	15 Rob Crow Sondra Kirsch
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30 Flora Stevens	31					

Is your birthday incorrect or missing? Please let us know: hawleyknob@gmail.com or 365-2992.

Prayer for a Birthday

O God, our times are in your hand: Look with favor, we pray, on these your servants as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their life, through Jesus Christ our Lord. *Amen.*

(Book of Common Prayer, p. 830)

CHURCH CONTACTS

Bishop

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1-800-346-7982
bishopmark@dioswva.org

Rector

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Phoebe Needles 483-1518
Fax 483-2235
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Senior Warden

Charlotte Hubbard 334-5388
charlottehubbard7@gmail.com

Junior Warden

Danny Custer 493-5333

Treasurer

Nancy Bradley 483-7966
nbradley@embarqmail.com

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kgrimes@ferrum.edu

Choir Director

Lectors

Dave Newcombe 365-7157
dnewcombe@ferrum.edu

Council Representatives

Pat and Dave Newcombe 365-7157

Altar Guild

Shelby DeHart 483-0790

Youth Ministry

Prayer List

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johnheck@gmail.com

Acolytes

Delia Heck 483-3760
dheck@ferrum.edu

Chalice Schedule

John Kirsch 365-1980
sunnyk@embarqmail.com

Church Musician

Fair Robey

Newsletter

Rebecca Stevens 365-2992
hawleyknob@gmail.com

Ferrum College Campus Ministry

Pat and Dave Newcombe 365-7157

United Thank Offering

Episcopal Relief and Development

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